

# Iris launches pillow mister Dream Scape

The pillow mister is a blend of natural Lavender and Fennel, which relaxes your body- physically and emotionally, giving you complete rest and beatitude.

Lavender has calming and relaxing properties; it soothes the nerves and relieves tension, depression, panic, sadness and hysteria. The essence of lavender is effective for asthma, headaches, migraines and insomnia. Its antiseptic properties are beneficial in healing cold, flu, breathing problems, throat infections and whooping cough.



Compiled from agencies